

AllerPops®

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Directions



One pop every other day after nightly oral hygiene routine.

Enjoy!



Let it slowly melt in your mouth. Do not chew the lollipop or swallow it whole.

Discard remaining pop after an hour.

Who should not use AllerPops: Pregnant women, people with an infection in the airway or head/neck area, or if you're allergic to any of the ingredients.

Warning: Though it rarely happens, discontinue using AllerPops if you feel ill, tired, have a low fever or headache. These feelings should go away within a week, likely with your allergy symptoms.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

• **What to expect:** You may not feel a significant change after the first several pops. Some people use AllerPops as a preventative one to three times before the allergy season begins. They experience more lasting results. No additional oral hygiene is needed during the time you're using AllerPops.

Excessive oral hygiene may prevent AllerPops from working completely. AllerPops Prebiotic Toothpaste is a companion product for AllerPops and can enhance and sustain the results from AllerPops by providing a daily dose of nutrition for the good bacteria in your mouth.

The best way to use these two products is to start with both and maintain the results with the toothpaste.

Choking hazard! Adults should supervise any use by children under three years old.

Oral hygiene: After you have satisfactory results, brush and floss once or twice a day for teeth and gum health. Do not use mouthwash, a Neti-pot, tongue cleaning or oil-pulling.

ALLERPOPS HEALTH PRINCIPLES

- Tame your hunger and dance between fasting and satisfaction.
- Nurture your probiotics and dance between nature and cleanliness.
- Revive physical work and dance between labor and rest.
- Choose a destiny and dance between purpose and freedom.

How to prevent your baby from having allergies:

allerpops.com/allergy-prevention/

