



Directions



Take 1 pop every other day after your nightly oral hygiene routine, until symptoms are relieved. This usually takes two weeks.



Enjoy!

Let the pop slowly melt in your mouth for up to an hour. Avoid chewing the lozenge or swallowing it whole. Discard afterwards.

For best results: use AllerPops with AllerPaste, and maintain moderate oral hygiene by simply brushing at most twice a day and flossing once a day. Avoid mouthwash, tongue cleaning, oil-pulling, chewing gums, water picks, hydrogen peroxide, and toothpaste with antibacterial agents, as these will decrease the efficacy of AllerPops.

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What to expect: Stop using AllerPops and maintain relief with AllerPaste when you attain satisfactory results. You may not feel a significant change after the first several pops.

Some people use AllerPops as a preventative measure before the allergy season begins and experience even better lasting results. If you'd like to do so, use AllerPops up to three times before the season.

Aftercare: Maintain moderate oral hygiene and continue using AllerPaste.

Additional support: Besides supporting oral probiotics with AllerPops and AllerPaste, taking care of beneficial bacteria in the gut and skin may relieve your airborne allergies as well. Moderate skin hygiene and AllerKream can strengthen your skin probiotics. To learn more about recent progress, subscribe to our newsletter at allerpops.com/contact/ and follow AllerPops on TikTok, Instagram, and Facebook.

AllerPops is not beneficial for: People with an infection in the airway or head/neck area.

Warning: Discontinue using AllerPops if you feel ill, tired, have a low fever or headache. Do not use if you are allergic to any of the ingredients.

Choking hazard! Adults should supervise any use by children under three years old.

For additional information on kids and pregnancy, please visit www.allerpops.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.